



Brighton & Hove
City Council

Short Breaks Parent Carer Forum February 2025

Glossary of terms

Session – each time an individual child attends an activity session. Previously referred to as ticket as per Eequ.

For example: You may wish for your child to attend 3 sessions at Amaze per week.

Activity – time offered by a provider on a given day for Short Breaks provision

Glossary of terms

Specialist Short Breaks:

- Moderate to severe learning disability and/or a severe physical disability and their needs can only be met only through the input of specialist services.
- Social Care Assessment.

Targeted short breaks:

- Being the subject of an Education, Health & Care Plan (EHCP), or
- Attending a Special School or Specialist Facility Placement, or
- Being in receipt of middle to high level Disability Living Allowance (DLA), or
- In receipt of a Direct Payment (under 16), or
- Being in receipt of a Personal Independence Payment (PIP) (16+), or
- Has highly specialised needs and has undergone a social care assessment.

Survey context

Purpose of the survey

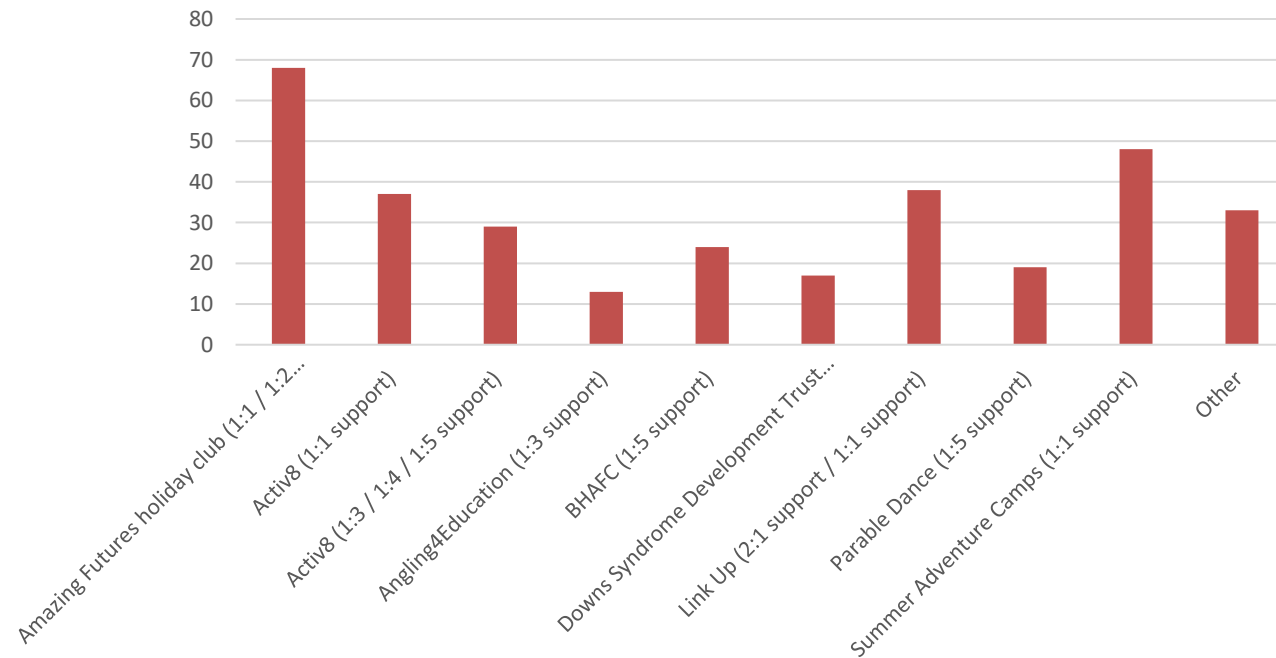
- Understand demand
- Understand parent's capacity to pay more for sessions
- Capturing the community's feedback

139 responses

Developed in association with PaCC and Amaze – thank you for your support.

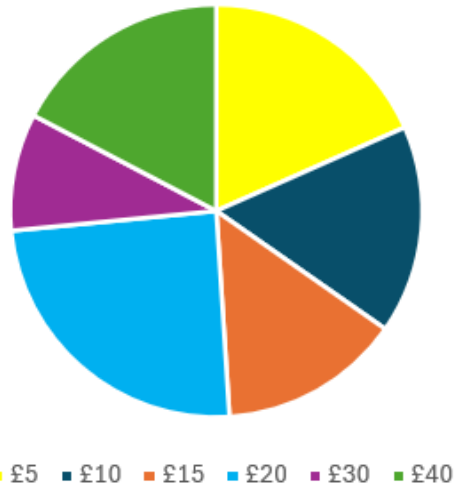
Survey responses - providers

Specialist providers who offer 1:1 support and sessions of 6+ hours or more (Link Up, Amaze, Activ8 1:1 spaces) received almost double the number of votes when respondents were asked which providers they would like to use.

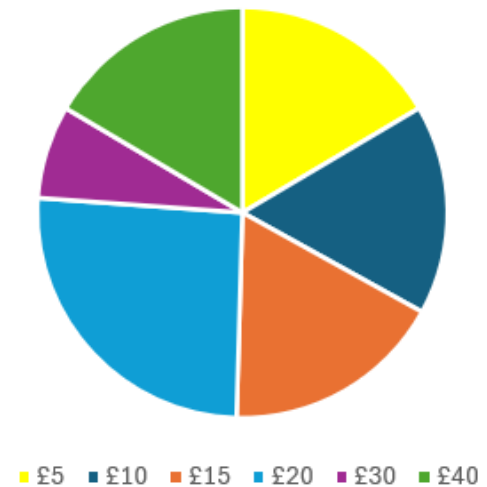


Survey responses – parental contributions

What is the most you would feel able to pay for a Specialist Short Breaks Session?



What is the most you would feel able to pay for a Targeted Short Breaks Session?



Survey responses – demand for sessions

- Parent carers requested **2-3 sessions per week for both Specialist and Targeted** activities but there were considerably more Specialist respondents who requested ‘4 or more sessions per week’.

Number of sessions per week:	Responses:
Specialist	
1-2 per week	25
2-3 per week	44
4 or more per week	39
Targeted	
1-2 per week	43
2-3 per week	47
4 or more per week	22

Evidence of demand

Based on the figures on the previous slide we can assume the following number of sessions would be required to meet demand.

2024-25 Sessions delivered	2025-26 MIN based on parental demand	2025-26 MAX based on parental demand
1149	5534	7733

Cost of demand

Using the provider costings from 2025/26 proposals (not confirmed) we can calculate the budget required to meet the demand identified would be between £1,118,682 and £1,590,644.

Budget

- The survey confirms our understanding that more sessions are needed for specialist category – therefore this will inform the way in which we use the budget to commission sessions.
- Based on the survey responses from 139 families the current budget would provide approximately 6 sessions over 11 weeks holidays (excluding Christmas).
- However, this is dependant on the number of families requesting sessions, which may be less or more. Last year for example, we had 34 families accessing specialist short breaks in the summer as opposed to the 90 families in the survey indicating they would want specialist sessions for the coming year.

Parental contributions

- Parental contributions of £40 per session for all specialist sessions would increase the budget by £21,600.
- Parental contributions of £20 per session for all targeted sessions would increase the budget by £5,880.

Next steps

- Review the level of need in-line with our statutory responsibilities and how we support the increase in provision to enable the demand to be met.
- Consider the risks attached to models
- Agree provision with providers and associated costs
- Consider how best to allocate spaces for fairness and consistency



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