

Parent Carer Forum – Summary Sheet Wednesday 15th January 2025.

1. Short Breaks Eligibility:

Eligibility for Targeted short breaks is linked to the child or young person:

- Living in Brighton and Hove
- Being aged 0-25

And any of one the following:

- Being the subject of an Education, Health & Care Plan (EHCP)
- Attending a Special School or Specialist Facility Placement
- Being in receipt of middle to high level Disability Living Allowance (DLA)
- In receipt of a Direct Payment (under 16)
- Being in receipt of a Personal Independence Payment (PIP) (16+)
- Has highly specialised needs and has undergone a social care assessment

Eligibility for Specialist Short Breaks:

Children and young people in Brighton & Hove are eligible for specialist short breaks if they have a moderate to severe learning disability and/or a severe physical disability and their needs can only be met only through the input of specialist services.

In these circumstances, the relevant professional working with the family (such as a social worker or social work assistant) will complete a Strengthening Families Assessment to consider the child and family's needs and what package of support would meet those needs.

2. Summary of key points:

- a. Using data to inform planning and commissioning
 - i. *See slides 3, 4 and 7 of the Parent Carer Forum PowerPoint*
- b. The average cost per ticket put forward by providers.
 - i. Specialist tickets: average £298 per session
 - ii. Targeted tickets: average £92 per session

These average costs have been used to map Plans A, B and C.

Short breaks update

Prior to Christmas 2024, we asked existing Short Breaks providers to submit a proposal, outlining their Short Breaks offer for 2025, with consideration for the following areas:

- More provision for over 16s
- More provision for under 8s
- Family days
- Internal 1:1 workforce
- Longer days
- More sessions for children and young people with complex needs

Based on these proposals, Brighton & Hove City Council have formulated 3 plans, **Plan A, B, and C**. Each of the plans details a model for allocating the budget.

To demonstrate the outcome of each of these plans, we've detailed how many Specialist / Targeted tickets would be available for the year, and how many Specialist / Targeted tickets would be available per week of the holidays.

The data below is based on the following duration of each school holiday:

- Easter: 2 weeks
- May / October / February half term: 1 week
- Summer holidays: 6 weeks
- Christmas holidays: 2 weeks

Plan A:

Allocate 20% of the overall Short Breaks budget for additional providers, contingency plans and unexpected costs which may arise.

Distribute the remaining 80% of the budget as follows:

- Specialist Providers: 75%
- Targeted Providers: 25%
- Keep tickets priced at £5 for Specialist and Targeted
- Reallocation of the budget based on 2024 data

Based on the average cost of Specialist and Targeted tickets, this would enable us to fund the following:

- Specialist: 512 tickets (equates to 39.35 per week)
 - Targeted: 564 tickets (equates to 43.38 per week)
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Plan B:

Allocate 20% of the overall Short Breaks budget for additional providers, contingency plans and unexpected costs which may arise.

Distribute the remaining 80% of the budget as follows:

- Specialist Providers: 75%
- Targeted Providers: 25%

Increase parent / carer contributions to £40 for a Specialist ticket and £20 for a Targeted ticket. The proposed cost for a Specialist ticket is based on the market pricing for a mainstream provider offering a 6+ hour day.

Average duration of the sessions proposed for 2025

- Specialist: 7 hours.
- Targeted: 3 hours

Due to Targeted sessions being (on average) half the duration of Specialist sessions, we have proposed that the cost of a Targeted ticket is increased to £20, and the Specialist ticket is increased to £40.

Based on the average cost of Specialist and Targeted tickets, this would enable us to fund the following:

- Specialist: 570 tickets (equates to 43.91 tickets per week of the holidays)
- Targeted: 652 tickets (equates to 50.23 tickets per week of the holidays)

Plan C:

Allocate 20% of the overall Short Breaks budget for additional providers, contingency plans and unexpected costs which may arise.

Allocate the Short Breaks budget to Specialist provision only. Increase parent / carer contributions to £40 for a Specialist ticket.

Based on the average cost of Specialist tickets, this would enable us to fund the following:

- Specialist: 761 tickets (equates to 58.91 tickets per week of the holidays)
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Short breaks update



Please kindly use the survey (linked below) to share your thoughts, feedback and any questions around the plans outlined above.

<https://survey.alchemer.com/s3/8176230/SEND-Short-Breaks-2025-Parent-Carer-Survey>

If you have any other questions or concerns, please do not hesitate to contact us:
Short.Breaks@Brighton-Hove.gov.uk